

2009 Vermont Youth Risk Behavior Survey

Students who describe themselves:

Risk Behavior	Students who describe themselves:			
	heterosexual (n=10319; 92%)*	gay or lesbian (n=114; 1%)*	bisexual (n=516; 4%)*	not sure (n=328; 3%)*
	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Safety belt use (never, rarely, or sometimes wear)	17% (14.4-18.9)	33% (21.5-45.9)	31% (24.0-38.6)	27% (21.9-32.6)
Vomited or took laxatives to control their weight (during the past 30 days)	4% (3.8-4.8)	19% (9.0-34.5)	19% (14.4-24.6)	15% (9.7-23.0)
Skipped school because of feeling unsafe on route to or at school (during past 30 days)	4% (2.6-6.7)	18% (8.7-34.5)	16% (11.8-20.4)	18% (11.1-27.1)
Threatened or injured with a weapon at school (during the past 12 months)	5% (4.5-6.0)	25% (17.9-33.1)	17% (13.8-20.2)	13% (10.0-17.2)
Was bullied** (during past 30 days)	16% (14.3-17.1)	36% (22.0-52.8)	35% (29.0-40.9)	34% (21.9-48.5)
Physical fighting (during past 12 months)	26% (24.2-27.5)	48% (36.7-60.1)	45% (38.3-51.0)	33% (26.4-39.4)
Smoked cigarettes (during past 30 days)	14% (12.9-16.2)	46% (34.4-58.1)	42% (33.2-50.5)	20% (14.8-26.5)
Binge drinking (during past 30 days)	20% (17.2-22.3)	41% (31.0-51.2)	31% (25.3-37.3)	22% (13.5-33.0)
Marijuana use (during past 30 days)	21% (18.5-23.4)	46% (33.9-58.2)	39% (33.3-45.2)	24% (16.1-34.2)
Inhalant use (during lifetime)	9% (8.3-9.7)	34% (24.3-45.8)	29% (24.6-34.2)	17% (12.0-23.3)
Cocaine use (during past 30 days)	3% (2.5-3.4)	18% (12.7-24.2)	11% (7.5-15.3)	10% (6.9-13.7)
Heroin use (during lifetime)	2% (1.8-2.5)	21% (11.9-35.7)	13% (8.4-18.3)	12% (8.2-16.3)
Injected drugs (during lifetime)	2% (1.2-1.9)	16% (7.9-28.7)	11% (7.5-14.6)	10% (6.8-14.2)
Attempted suicide (during past 12 months)	3% (2.6-3.5)	24% (10.9-43.6)	21% (16.1-27.9)	15% (9.1-23.9)

*unweighted number

**Bullying was defined as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her; or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property, a school bus, or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way.

Students who describe themselves:

Asset/Protective Factor	Students who describe themselves:			
	heterosexual (n=10319; 92%)*	gay or lesbian (n=114; 1%)*	bisexual (n=516; 4%)*	not sure (n=328; 3%)*
	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)

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Parents talk about school (weekly or more)	78% (76.7-79.9)	72% (59.9-82.2)	65% (56.0-72.4)	64% (55.9-71.1)
Family meals (3 or more/week)	73% (71.3-74.6)	65% (57.2-72.2)	54% (46.7-60.6)	66% (57.1-74.3)
Have an adult to turn to for advice	90% (89.0-91.1)	74% (64.8-81.8)	74% (69.3-78.4)	76% (68.6-82.3)
Volunteer in community (1 or more hours/week)	43% (40.5-44.8)	37% (23.7-52.3)	38% (34.3-41.6)	43% (35.2-50.5)
Participate in clubs or organizations outside of school (1 or more hours/week)	27% (25.9-28.8)	33% (23.8-43.4)	24% (20.6-28.9)	34% (26.1-42.0)
Agree that students help decide what goes on in school	51% (48.7-53.3)	43% (31.1-55.5)	40% (32.0-49.5)	44% (35.6-53.0)
Agree that they matter in community	48% (45.5-49.7)	39% (27.0-51.7)	27% (22.1-32.6)	43% (33.7-52.1)